LOOK BEFORE YOU LOCK!

Create a routine! Check off the tasks you will try today.

- Make it a routine to open the back door of your car every time you park.

- If you are driving a child, after you correctly buckle them in a car seat or booster seat—*put something you need at your destination in the back seat* so you will open the back door: a cell phone, employee badge, handbag, or other item you need to keep with you...even your left shoe!

- Ask your babysitter or childcare provider to call you if your child hasn't arrived as scheduled.

- Keep a stuffed animal in the child's car seat. Place it on the front passenger seat as a reminder when the child is in the back seat.

- Set the alarm on your cell phone or computer calendar as a reminder to drop your child off at childcare. Remember to make the alarm song/sound different from all other alert sounds on your device.

- If you have a **change in routine**, such as your spouse or parent dropping your child off at childcare instead of you, make sure you and the other person communicate to confirm the drop-off was made.

- Consider technology that alerts drivers to check the back seat. (Vehicle and child restraint manufacturers have been working on various evolving alert systems and some technologies are available now!)